



THE 7 HABITS

of Highly Effective Families®



TO LIVE A HAPPY LIFE WITH YOUR BELOVED ONES



The Workshop


The 7 Habits of Highly Effective Families is a 12-hour workshop which enables you to:

1. **Clarify** your family's purposes and priorities.
2. **Create** a practical plan for achieving your desired family outcomes.
3. **Discover** timeless principles of effectiveness that will guide you on your way.

The workshop will be run in Cantonese with Chinese participant guide.

Date: 29 & 30 December 2020 9:30-4:30 (1 hour lunch break)

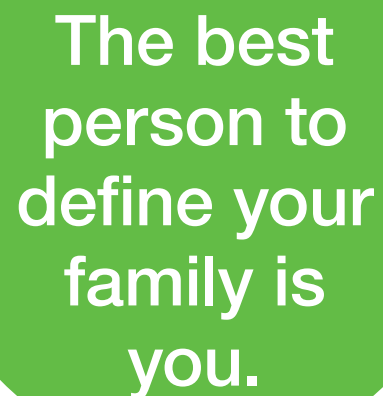
Each participant cost \$1,100. Participant guide will be sent to you before the workshop.



Families
come in all
sizes and
shapes.



Each is
unique.



The best
person to
define your
family is
you.

"Family is the most important organization in the world."

–Dr. Stephen R. Covey

What We Will Cover

FAMILY BASICS

- Highly Effective Families
- Habits of Effectiveness
- How to Change a Habit
- Principle-Centered Living

HABIT 1: BE PROACTIVE®

- Pause, Think, and Choose
- Focus on the Circle of Influence®

HABIT 2: BEGIN WITH THE END IN MIND®

- Plan With Purpose
- Live by a Family Mission Statement

HABIT 3: PUT FIRST THINGS FIRST®

- Focus on What Matters Most

HABIT 4: THINK WIN-WIN®

- Build Emotional Bank Accounts
- Consider Others' Wins...and Your Own

HABIT 5: SEEK FIRST TO UNDERSTAND, THEN TO BE UNDERSTOOD®

- Listen With Empathy
- Respectfully Seek to Be Understood

HABIT 6: SYNERGIZE®

- Celebrate the Differences
- Seek the 3rd Alternative

HABIT 7: SHARPEN THE SAW®

- Win the Daily Private Victory
- Balance Life Together

PUTTING THE 7 HABITS TO WORK

- Three Approaches to Applying the 7 Habits