



### 高效能大學生的 7個習慣工作坊

The 7 Habits of Highly Effective College Students



### 執行力的修煉 工作坊

The 4
Disciplines of
Execution



# 高效信任力 工作坊

Leading at the Speed of Trust



## 領導團隊的 6個關鍵實踐

The 6 Critical
Practices for
Leading a Team







# **COLLEGE STUDENTS**

### 高效能大學生的 7個習慣工作坊

The 7 Habits of Highly Effective College Students



\* total 12 hours

高效能大學生的 7 個習慣工作坊 是一個極具影響力的工作坊,旨在為大學生提供在全球不斷變化的市場中茁壯成長所需的心態、技能和工具。通過活動、實踐和討論,參與者將學習7個習慣,這些習慣將在他們的大學生涯、工作以及未來持續受益。

The 7 Habits of Highly Effective College Students is a high-impact success workshop designed to equip university students with the mindset, skills, and tools to thrive in a global and ever-changing marketplace. Through engaging activities, practical exercises, and discussions, participants will learn the 7 habits that will benefit and sustain them throughout their college journey and beyond.

我們花時間計劃和訂立目標,但往往在執行時遇到困難便放棄。 **執行力的修煉**工 作坊旨在讓參加者學習實用的技巧來訂立目標和指標,加上學習自律和令自己不易放 棄的技巧,以解除實現目標的常見障礙。

Welcome to *The 4 Disciplines of Execution*, a powerful course designed to address the common obstacles that hinder individuals from executing on their goals. In this transformative workshop, participants will learn and implement the four disciplines that drive strategic execution, equipping individuals with the tools to maintain focus and achieve results.

#### 執行力的修煉 工作坊

The 4 Disciplines of Execution for Teens



\* total 2 hours

#### 高效信任力 工作坊

Leading at the Speed of Trust



\* total 7 hours

高效信任力工作坊 對任何團隊來說也是至關重要的工作坊。在這個課程中,參加者將發現「信任」對團隊文化和表現具有重大的影響。他們會學習如何在團隊內建立和維護信任,如何提升洞察力和提高信任度,以真實、透明和正直的方式領導他人。

Leading at the Speed of Trust is an essential workshop for aspiring leaders. In this course, participants will discover the immense impact of trust on team culture and performance and learn to build and maintain trust within their teams. Gain invaluable insights and strategies to lead with authenticity, transparency, and integrity.

不論是經驗豐富或是剛晉升的團隊領袖,他們的角色一直是非常艱難的。在這個 領導團隊的6個關鍵實踐的學習旅程中,參加者將學習領導他人所需的心態和技能,激發團隊的潛力,以取得卓越成就。

From new to emerging leaders, the role of a leader has always been tough. On *The 6 Critical Practices for Leading a Team* journey, participants will be equipped with the mindset and skill sets needed to excel in leading others and unlocking their potential. Inspire your team to achieve extraordinary results and take your leadership game to the next level.

# 領導團隊的6個關鍵實踐

The 6 Critical Practices for Leading a Team



\* total 7 hours

**Hong Kong Academy of** 







